

## MULTIDIMENSIONAL PAIN INVENTORY

(c Kerns, Turk, & Rudy, 1985)

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

**Instructions:** An important part of our evaluation includes examination of pain from YOUR perspective.

Please read each question and do your best to answer each one. **DO NOT SKIP ANY QUESTIONS.** If you think that a question does not apply then circle the number of the question. Use the last page to add any additional information or comments that you think would be helpful to us.

Some of the questions refer to your "significant other." A significant other is a person with whom you feel closest to. Please indicate who your significant other is:

Spouse     Partner/Companion     Housemate/Roommate     Friend     Neighbor  
 Parent/child/other     Relative     Other \_\_\_\_\_ Do you live with this person?     Yes  
 No

### Section I

This section asks questions about how your pain affects your life. Circle the number on the scale under the question to indicate how that specific question applies to you.

1. Rate the level of your pain at the Present Moment.

0	1	2	3	4	5	6
No pain						Very intense pain

2. In general, how much does your pain interfere with your day-to-day activities?

0	1	2	3	4	5	6
No interference						Extreme interference

3. Since the time your pain began, how much has your pain changed your ability to work? (\_\_\_ Check here if you are not working for reasons other than your pain).

0	1	2	3	4	5	6
No change						Extreme change

4. How much has your pain changed the amount of satisfaction or enjoyment you get from taking part in social and recreational activities?

0	1	2	3	4	5	6
No change						Extreme change





11. Gets me something to eat or drink.

Never  Seldom  Sometimes  Often

12. Turns on the T.V. to take my mind off my pain.

Never  Seldom  Sometimes  Often

### SECTION 3

Listed below are 15 daily activities. Please indicate how often you do each of these by checking the responses on the scale below the activity.

1. Wash dishes.

Never  Seldom  Sometimes  Often

2. Go out to eat.

Never  Seldom  Sometimes  Often

3. Go grocery shopping.

Never  Seldom  Sometimes  Often

4. Go to a movie.

Never  Seldom  Sometimes  Often

5. Visit friends.

Never  Seldom  Sometimes  Often

6. Help with the house cleaning.

Never  Seldom  Sometimes  Often

7. Take a ride in a car or bus.

Never  Seldom  Sometimes  Often

8. Visit relatives. ( Check here if you do not have relatives within 100 miles.)

Never  Seldom  Sometimes  Often

9. Prepare a meal.

Never  Seldom  Sometimes  Often

10. Wash the car. ( Check here if you do not have a car.)

Never  Seldom  Sometimes  Often

11. Take a trip.

Never  Seldom  Sometimes  Often

12. Go to a park or beach.

Never  Seldom  Sometimes  Often

13. Do the laundry.

Never  Seldom  Sometimes  Often

14. Work on a needed household repair.

Never  Seldom  Sometimes  Often

15. Engage in sexual activities.

Never  Seldom  Sometimes  Often